

# FRESHMAN OHANA NIGHT



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## 5 FALL SPORTS

AIR RIFLERY

CHEERLEADING

CROSS COUNTRY

FOOTBALL

GIRLS VOLLEYBALL

## 6 WINTER SPORT

BASKETBALL

CANOE PADDLING

DIVING

SOCCER

SWIMMING

WRESTLING

## 8 SPRING

BASEBALL

GOLF

JUDO

SOFTBALL

TENNIS

TRACK

BOYS VOLLEYBALL

WATER POLO

## REQUIREMENTS

In order to Condition or Tryout

for a TEAM a student needs:

**1) PHYSICAL FORM** signed by DR

**2) PARTICIPATION FORM** signed by

Parent / Legal Guardian

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**START DATE FOR FRESHMEN: JULY 1st**

## ACADEMIC AND ATHLETICS

PARTICIPATION IN ATHLETICS IS A PRIVILEGE NOT A RIGHT - YOUR CHILD EARNS THAT RIGHT BY THEIR ACADEMIC SUCCESS AND BEHAVIOR IN THE CLASSROOM.

## ATHLETIC REQUIREMENT

- MUST MAINTAIN A 2.0 & NO "F" GRADES IN A REQUIRED COURSE.
  - AS A FRESHMAN, ALL COURSES ARE REQUIRED.
- GRADE CHECK STARTS WITH YOUR 1<sup>ST</sup> QUARTER REPORT CARD GRADES. 1<sup>ST</sup> QUARTER YOU DON'T HAVE TO WORRY! NO FRESHMAN IS ON ACADEMIC REVIEW UNTIL 2<sup>ND</sup> QUARTER.
- WE WANT YOU TO BE A WELL ROUNDED STUDENT AND NOT JUST AN ATHLETE! ATHLETICS WILL END ONE DAY, BELIEVE IT OR NOT! YOU WILL BE LEFT TO FALL BACK ON YOUR ACADEMIC SUCCESS...GETTING A DIPLOMA AND BECOMING A PRODUCTIVE MEMBER OF YOUR COMMUNITY IS MOST IMPORTANT!

**WAIAKEA WAY** - CHECK OUT OUR WEBSITE TO FIND OUT WHAT'S OUR WAY!!

<https://sites.google.com/k12.hi.us/waiakea-high-school-athletics/athletics-home>

LOOKING FORWARD TO SEEING YOU NEXT YEAR