

# BREAKFAST

## *October 2022*

SERVICE TIME: 7:30 - 8 AM

All meals include 1/2 pint milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3  <b>FALL BREAK</b>	4  <b>FALL BREAK</b>	5  <b>FALL BREAK</b>	6  <b>FALL BREAK</b>	7  <b>FALL BREAK</b>
10 Breakfast Kit Fresh Fruit	11 Portuguese Sausage w/ Rice Fresh Fruit Pineapple Chunks	12 School Made Cinnamon Roll Diced Pears Fresh Fruit	13 Country Breakfast Scramble w/ Rice Applesauce Fruit Juice	14 Breakfast Pizza Fresh Fruit Apple Chips
17 Applesauce Bread Sliced Peaches Grape Juice	18 Plain Bagel w/ Cream Cheese Diced Pears Fresh Fruit	19 Country Gravy Pizza Pineapples Craisins	20 Pork Sausage Patty w/ Steamed Rice Mixed Fruit Fruit Juice	21 Cereal w/ Toast Applesauce Fresh Fruit
24 Cheese Stick Marinara Sauce Sliced Peaches	25 Belgian Waffle Fresh Fruit Mixed Fruit	26 Portuguese Sausage w/ Rice Applesauce Craisins	27 Yogurt w/ Granola Pears Fresh Fruit	28 School Made Cinnamon Roll Fresh Fruit Apple Chips
31  COMPLEX DAY (NO SCHOOL)				

This institution is an equal opportunity provider.  
MENU SUBJECT TO CHANGE