


# LUNCH

## November 2022

All meals include 1/2 pint milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Tasty Tenders w/ Rice Veggie Stix Edamame, Baby Carrots Applesauce Pine Chunks(9-A) WG Roll (9-A)	2 Chicken Sandwich Emoticon Potatoes Lettuce leaf, Tomato slice Edamame Fresh Fruit Diced Pears (9-A)	3 Beef Chili Nachos w/ Queso Cheese Sauce Green Salad Fruit Juice Salsa Mixed Fruits (9-A)	4 Kalua Pork w/ Cabbage Steamed Rice Lomi Tomatoes Pineapples Sliced Peaches (9-A) WG Roll (9-A)
7 Mac & Cheese Baby Carrots Edamame Fresh Fruit Sliced Peaches (9-A) WG Roll (9-A)	8 <b>ELECTION DAY</b>	9 Hamburger Curry Steamed Rice Steamed Corn, Broccoli POG Slushy WG Roll Fresh Fruit (9-A)	10 Pepperoni Pizza Veggie Stix Steamed Corn Fresh Fruit Fruit Punch (9-A)	11 <b>VETERANS DAY</b>
14 Creole Mac Green Salad Edamame Applesauce Sliced Peaches (9-A) WG Garlic Bread (9-A)	15 Cheese Bites Marinara Sauce Cup Veggie Stix Concord Grape Slushie Fresh Fruit (9-A)	16 Teri-Burger Potato Wedges Lettuce leaf, Tomato Slice Fresh Fruit Mixed Fruit (9-A)	17 Breaded Chicken Tenders Steamed Rice Edmame Steamed Corn Sliced Peaches Pine Chunk (9-A)	18 Roast Turkey w/ Gravy Whipped Potatoes WG Roll Zucchini Stix, Carrots Diced Pears Mixed Fruit (9-A)
21 Fish Sandwich Wedge Fries Veggie Stix Baked Beans Slushy Diced Pears (9-A)	22 Cheese Pizza Green Salad Baby Carrots Fresh Fruit Pine Chunks (9-A)	23 Spaghetti w/ Meat Sauce WG Garlic Bread Fresh Fruit Green Salad Cucumber, Edamame Mixed Fruit (9-A)	24 Happy Thanksgiving 	25 <b>SCHOOL HOLIDAY</b>
28 Beef Patty w/ Gravy Steamed Rice Broccoli, Corn Fresh Fruit Pine Chunks (9-A) WG Roll (9-A)	29 Tasty Tenders w/ Rice Veggie Stix Edamame, Baby Carrots Applesauce Pine Chunks(9-A) WG Roll (9-A)	30 Chicken Sandwich Emoticon Potatoes Lettuce leaf, Tomato slice Edamame Fresh Fruit Diced Pears (9-A)		

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE